



Synergon
Strategy Inc.

Professional Coaching Program

Coaching

Coaching is a unique exploration and discovery process. It provides the client advice free ways to explore the possibilities and opportunities along with the lessons and blessings each of their unique life experience and/or challenges bring. The client gains greater awareness and develops solutions that best meet their needs.

The metaphor of a caravan best describes the coaching journey. A caravan is adaptable, flexible, mobile and versatile. It is through adaptability, flexibility, mobility and versatility that we embrace all that life brings. The coaching journey might explore all aspects of the client's life. The client holds the map of the adventure, while I provide all of the navigational tools for the exploration.

Each coaching program is tailored to individual client needs. No two programs are the same.

Intentions

Coaching has transformed my life. My wish for my coaching programs is to help others transform their lives, to discover their own uniqueness to truly step into their authentic self, to discover the genuine humanness in all of us, and to build a more compassionate world.

Contact

To explore your own coaching experience, email Michelle at discovery@synergonstrategy.com